



Fourth Sunday in Ordinary Time

Gospel of Matthew (5:1-11) opens the "the Sermon on the Mountain" and that has enlightened the lives of believers and also of many non-believers. It is difficult not to be touched by these words of Jesus, and it is right that we must understand them and to welcome them more and more fully. The Beatitudes contain the Christian 'identity card' - this is our identity card - because they outline the face of Jesus Himself, His way of life.

First of all, it is important how the proclamation of this message came about: Jesus, seeing the crowds that follow him, climbs the gentle slope that surrounds the lake of Galilee, sits down and, turning to the disciples, announces the Beatitudes. So the message is addressed to the disciples, but on the horizon there are crowds, that is, all humanity. It's a message to all of humanity.

In addition, the "mountain" refers to Sinai, where God gave Moses the Commandments. Jesus begins to teach a new law: to be poor, to be meek, to be merciful. These "new commandments" are more than standards. In fact, Jesus does not impose anything, but reveals the way to happiness – His way – repeating the word "blessed" eight times.

Each Beatitude consists of three parts. At first there is always the word "blessed"; then comes the situation in which the blessed find themselves: the poverty of spirit, mourning, hunger and the thirst for justice, and so on; finally there is the reason for being blessed, introduced by the conjunction "why": "Blessed are these because, why those are blessed ..." So there are the eight Beatitudes and it would be nice to learn them by heart to repeat them, to have in our minds and hearts this law that Jesus gave us.

Let us pay attention to this fact: the reason for bliss is not the current situation but the new condition that the blessed receive as a gift from God: "because for them is the kingdom of heaven", "because they will be consoled", "because they will inherit the earth", and so on.

In the third element, which is precisely the reason for happiness, Jesus often uses a passive future: "they will be comforted", "they will inherit the earth", "they will be satisfied", "they will be forgiven", "they will be called children of God". But what does the word "blessed" mean? Why does each of the eight Blessings begin with the word "blessed"?

The original Greek term does not indicate one who has a full belly or is doing well, but he is a person who is in a state of grace, who progresses in the grace of God and who progresses on the path of God: patience, poverty, service to others, consolation ... Those who progress in these things are happy and will be blessed.

(Pope Francis' homilies)

Fr. Anthoni Adimai SdM

2 Feb: World Day of Prayer for Consecrated Life

The Feast of the Presentation of the Lord, on Thursday, 2nd February, is also the World Day of Prayer for Consecrated Life. It's important for us to celebrate the lives of all the consecrated religious sisters and brothers in our Archdiocese, to pray in thanksgiving to God for them and to pray that God will call many more women and men to this vocation.

4 Feb: Discerning a call to priesthood?

A time of prayer, reflection and discussion with Vicar General Fr Dean Marin for young men discerning a call to the priesthood will be held at 10am on Saturday 4th February in the Sacristy of St. Francis Xavier's Cathedral Wakefield Street, Adelaide. For further enquiries contact Fr Dean Marin, Director of Vocations on 82108122 or at vocations@adelaide.catholic.org.au

8 Feb: Feast of St Josephine Bakhita

Wednesday, 8th February is the Feast of St. Josephine Bakhita. The African Catholic Community will be celebrating her feast day at a Mass on Sunday 12th February in St Francis Xavier Cathedral at 2.30pm. No registration is necessary and all are welcome to attend.

11 Feb: Feast of Our Lady of Lourdes

Each year, on World Day of the Sick a Mass is offered for those who are of ill health. The Mass will be held on Saturday, 11th February 2023 at 11:30am in St Francis Xavier's Cathedral. No registration is necessary. All are welcome to receive a blessing and anointing. For more information please contact Archdiocesan Events on (08) 8210 8220 or E: events@adelaide.catholic.org.au

ADELAIDE CATHEDRAL PARISH

Archbishop of Adelaide Archbishop Patrick O'Regan DD
Administrator Fr. Anthoni Adimai SdM
Assistant Administrator Fr. Peter Rozitis
Latin Mass Chaplain Fr. Michael McCaffrey, FSSP

Parish Office (across the lawn from the Cathedral)
Mon to Fri: 9.30am–4.30pm • 8210 8155
39 Wakefield St (corner of Wakefield and King William St)
Adelaide SA 5000.

Mailing: GPO BOX 1364, Adelaide SA 5001.
acp@adelaide.catholic.org.au • www.adelcathparish.org

Parish newsletter: www.adelcathparish.org/news-events/weekly-newsletters.

Aboriginal Catholic Ministry

Otherway Centre 8362 3185

Cathedral Parish Music 8210 8128

Any emergency requiring a priest• 0417 080 955

Pastoral Care: Visitation and Communion can be arranged for parishioners who are ill. Please call the Office: 8210 8155.



Regular Mass Timings

REFER TO PARISH WEBSITE FOR DETAILED SCHEDULE
OR SCAN THE QR CODE WITH YOUR PHONE CAMERA FOR
OUR REGULAR TIMINGS

St Francis Xavier Cathedral, Adelaide

Sunday Masses Sat : 6pm(Vigil)
Sun: 7am, 9am, 11am,
2.30pm (African), 6pm

Weekday Masses Mon - Fri: 8am, 12.10pm & 5.45pm
Sat: 8am, 11.30am

Confessions Mon, Wed, Fri: 11-12 noon, 5-5.30pm
Sat: 12 noon-1pm, 4.30-5.30pm

Holy Hour Tues: 6.30pm, Fri: 11am

Public Holidays 8am Mass ONLY at the Cathedral
Except 26 January—Mass at 9am at the Cathedral

St Mary's, Lower North Adelaide

Tues and Fri: 8am
Sun: 9.30am

Our Lady Queen of Angels, Thebarton

Wed: 8.30am (Mass suspended until further notice)
Sat: Confessions: 5.45pm | Vigil: 6pm
Sun: 9.30am

St John Vianney, Burnside

Tues and Thu: Mass: 9am | Confessions: 9.30am
Sun: 9am

St Peter Claver, Dulwich

Wed: 9am, Fri: 11am Confessions: 11.30am
Sat: Confessions: 5.30pm | Vigil: 6pm
Sun: 11am

Holy Name, Stepney

Sun: 11am

St. Patrick, Grote Street, Adelaide

Sun: 10.30am (Croatian)
4.00pm (Portuguese) ONLY 1st, 3rd & 5th Sunday

Our Lady of Perpetual Help, Kangaroo Island

Sun: Confessions: 9:00 am | Mass: 9.30 am

Please contact the Parish Office for Baptism & Wedding bookings.

WORSHIP

Entrance Antiphon: Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you.

First Reading: Zephaniah 2:3;3:12-13.

Responsorial Psalm: Happy the poor in spirit; the kingdom of heave is theirs!

Second Reading: 1 Corinthians 1:26-31.

Gospel Acclamation: Alleluia, Alleluia. Your reward will be great in heaven. Alleluia!

Gospel: Matthew 5:1-12.

Universal Prayer Response: Lord, hear our prayer.

Communion Antiphon: Let your face shine on your servant, save me in your merciful love, O Lord, let me never be put to shame, for I call on you.

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Next Week: Fifth Sunday in Ordinary Time

First Reading: Isaiah 58:7-10.

Second Reading: 1 Corinthians 2:1-5.

Gospel: Matthew 5:13-16.

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Liturgies & Activities (30th Jan- 5th Feb)

Tue St. John Bosco.

Wed St. Brigid of Ireland.

Thu The Presentation of the Lord.

Fri St. Blaise

Sun 5th Sunday in Ordinary Time

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Prayer Requests for the Deceased

Recently Deceased: Kaye Thompson (SPC) and Tommaso Panzera (SFX)

Deceased Anniversaries:

Cathedral: Nilo Junn Paras, Martha Samuel, Emiliana Sales Malapira, Rosalina Acayen and Julieta Braga.

Queen of Angels: Anna Marafioti.

St. Mary's: Kathleen Hakendorf and Donald Turner

Holy Name: Ersila Ciotti

St. John Vianney/St. Peter Claver: Dorren Mary Cholsh, Robert Kennihan, De Ming, David McAtee & family, Nell & Doug Dollman and Coralie & Bill Milne.

Prayers Requests for the Sick

Fidy Ruivivar, Maryellen, Brian and Rosemary Brazier, June Cochrane, Anton Sylvester, Antonio Romeo, Msgr. Robert Egar, Angelina Musico, Charles Dias, Diana, Klevis Gjeluci, Emily Swan, Vilma D'cruz and Lydia D'souza.

Safeguarding Children

A reminder that all children need to be accompanied to and from the toilet, ideally by an adult family member. Kindly ensure that children are supervised by an adult family member in the carparks at all times.

No Holy Hour in January

Holy Hour held in the Cathedral on Tuesdays after the 5.45 pm Mass has been suspended for the month of January. Holy Hour will return to its normal schedule in February. The inconvenience caused is deeply regretted.

1 Feb: Sr. Nathalie Becquart in Adelaide

Sr. Nathalie Becquart, the Undersecretary for the General Synod in the Vatican responsible for the organisation of the 2023-24 Global Synod on Synodality, will be in Adelaide on 1 February 2023, as part of a visit to Australia/Oceania. You are invited to Sr Nathalie's presentation on synodality and mission at the Grange Golf Course from 5.30-8.30pm.

This event is now at capacity, live stream available from 7pm at https://youtu.be/P_VQc-7hu04

5 Feb: Word of God Sunday

The Church in Australia marks Word of God Sunday on the first Sunday in February, which will be 5th February this year. Among ways Catholics and Catholic communities are being encouraged to mark the day are a special display of Sacred Scripture or the Book of the Gospels, the establishment of Bible study groups or the adoption of lectio divina, a common practice of reflection on Scripture.



11 Feb: Walk for Life by Love Adelaide. Let them live!

Join the Love Adelaide Team as they Walk for Life to bring an end to Abortion. The event will be held on Saturday 11th February at Pennington Garden from 10am-12pm (Opp. St. Peter's Cathedral North Adelaide).

Donation Parking of \$5 is available at the Adelaide Oval Carpark. Enter from Pennington Terrace. The Gates to the event will open at 9am. Registration is essential at loveadelaide.org.au/event-details/walkforlife Tickets for the event are free.

Don't forget to bring a drink bottle and some sunscreen. Please wear a White tshirt to the event. No megaphones and no signs as posters will be provided at the event. Please obey the marshals and Police on the walk. For further information please check out the guidelines at loveadelaide.org.au/guidelines

12 Feb: Day of the Unborn Child Appeal

The Day of the Unborn Child Appeal will be held on 12th February in our Parish. A special collection will be taken up to support organization such as Birthline, Mothers with Care etc. We thank you in advance for your generosity.

16 Feb: Online Regional Assembly Information Session 2023

At the close of the 2022 Diocesan Assembly, it was announced that Regional Assemblies were to be held across the Archdiocese in 2023. The Archdiocesan Pastoral Services Team is providing support for the planning and implementation of the Regional Assemblies. Representatives from parishes, schools and communities are invited to join the online information session for details regarding the purpose, planning and support of the Regional Assemblies. For more information on the event please visit: www.adelaidediocesanassembly.org/regional-assemblies or contact pastoralservices@adelaide.catholic.org.au

The information session will be held on Thursday, 16th February 2023, 7pm via Zoom. Link available upon registration: <https://www.trybooking.com/CFMHL>

19 Feb: Fringe Festival: Festival of Hymns

On Sunday 19 February at 1pm, Cathedral Organist, James Lloyd, will give a free concert featuring well-loved hymns played on the Cathedral's magnificent Casavant Frères pipe organ to which you are warmly invited to both attend and join in singing. James is the regular organist at the St Francis Xavier Cathedral's 11am Sunday Solemn Mass and his vibrant and effusive style has pleased Mass-goers for many years. **The concert is part of the 2023 Fringe organ recitals program at the Cathedral.**

22 Feb: Adelaide Cathedral Parish School Aged Sacramental Preparation Program

The Adelaide Cathedral parish will be conducting a preparation program in 2023 for the Sacraments of Initiation, including Baptism, First Reconciliation, First Holy Communion, and Confirmation. Candidates should be at least 8 years old in 2023.

The program will start with an introductory evening on Wednesday 22 February 2022. Parents who would like their child enrolled in this program or need further information should contact the Parish Office on 08 8210 8155 or acp@adelaide.catholic.org.au

If your child requires the sacrament of baptism, you will need to arrange an appointment to meet Fr. Anthony Adimai, our parish administrator, before they can be enrolled in any other preparation program.

Adelaide Cathedral Children's Choir

The Children's Choir is a growing group of primary school-aged students who usually sing on the third Sunday of each month at the 9am Sunday Mass at the Cathedral. We are always welcoming new members from 5-12 years of age. Please email the Cathedral Music Team at music@adelaide.catholic.org.au for more information.

Adelaide Cathedral Young Adults Group

The Adelaide Cathedral Young Adults Group invite the Youth of our Parish to join them each week in their Ministry of fellowship. If you are interested to know more about the group and their activities, please contact Samantha David on 0404887964.

Latin Mass Community

The annual Adelaide Latin Mass Community general meeting will be held today, 29th January at 11am in the Ellengowan Hall. All welcome.

The 2023 Latin Mass Community year calendar is now available from the doors of the church on blue paper. Please take a copy home for your fridge door.

If you would like your house blessed during the season of the Epiphany, please let either Fr McCaffrey or Fr. Sofatzis know. Blessed chalk and instruction sheets are also be available at the back of the church for you to do this yourself should you choose to do so.

There will be two workshops on the writings of Jordan Peterson at 7.30pm on Wed 1st and Wed 15th Feb in the hall at Holy Name. All welcome.

This Thursday is Candlemass. There will be the usual low mass at 7am, and at 6.30pm there will be the blessing of candles, followed by a short procession and then Sung Mass. If you would like to have any candles blessed, can you please have them at the communion rail by 6.25pm on Thursday.

This Friday is the 1st Friday of the month. There will be the 6.30pm mass followed by 1st Friday devotions and overnight Adoration. The blessing of throats on the feast of St Blaise, will take place after the 7am mass at the main altar, and after 1st Friday devotions in the side chapel.

1st HC communion classes begin next Sunday 5th Feb at 11am. The classes are held in the small room off the meeting room. There will be a short meeting for the parents of the 1st communicants at the same time in the Atrium (the building on the right of the playground). If you would like to enrol your child in the 1st Holy Communion classes and haven't yet done so, can you please contact either Fr. McCaffrey or Mary Hookway.

There will be a meeting at 11.30am next Sunday for anyone interested in becoming Catholic. The meeting will be held in The Atrium (the building on the right of the playground).

The "Holy Name Trading Post" has been launched. It is for those who wish to promote or find business or other services and/or buy or sell items. Follow instructions on the parish website to complete and submit a form for it to be placed on the noticeboard in the Meeting Room. Or contact Peter Balan.

Love Adelaide *Walk for Life 2023* will take place on Sat 11th Feb. Details can be found on the LoveAdelaide website, and there are flyers available at the doors of the church. Please take one and pass it on.

Playgroup will now be held twice a month on the 2nd and 4th Fridays, starting Feb 10th. All children 0-5 are welcome, with a parent or caregiver, for songs, storytime and crafts plus coffee and a chat for the parents! Contact Katherine Augimeri if you would like to help. We're particularly looking for non-parents who'd like to support the young families of the community with holding babies, tea and coffee, set up and pack up.

Latin Mass Community

Welcome to new parishioners. If you are new to the Latin Mass or new to Holy Name, please don't hesitate to introduce yourself to either Fr. McCaffrey or Fr. Sofatzis after Mass. There is a cuppa after the 9.15am mass every Sunday in the tea room behind the church diagonally across the car park. All welcome. Also please feel free to register as a parishioner on our community census. The link is available on the website.

Please do not place any advertising material in the church without the prior permission of the chaplain. Thank you.

Please remember the sick in your prayers, especially Bill Mamo (Tina Marsh's brother), Kathryn Nader, Tony Caruso, Vincenza Martucci (Ines Barson's mother).

Please also remember the recently deceased, especially Pat Vice, Pope Emeritus Benedict XVI and Cardinal Pell, and also those whose anniversaries occur about this time, especially Archbishop Philip Wilson.

17 Feb: Adelaide Cathedral Parish Volunteer Thanksgiving Nite

The Administrator of the Adelaide Catholic Cathedral Parish cordially invite **current volunteers** of all churches in the Parish to a Thanksgiving Mass and Dinner on 17th February 2023. The Cathedral Parish wouldn't be the parish it is without its volunteers. For the past two years, we've not been able to celebrate our volunteers who've worked doubly hard during and through the pandemic and its ever-changing nature.

This year, we are delighted to be able to host a Thanksgiving Nite for the Cathedral Parish Volunteers. The Celebration will begin with the 5.45pm Mass at the St. Francis Xavier Cathedral followed by evening tea in the Cathedral Parish Hall.

If you volunteer with the parish as a CLC member, Mass Coordinator, Reader, Eucharistic Minister, Choir Member, Musician, Sacristan, Altar server or any other role, then we would love to see you there.

Kindly register your confirmation of attendance with ONLY through your respective representatives:

Choir members of all churches: Astrid Sengkey or Timothy Davey.

Cathedral Altar Servers: Mavis Pinto/ Michelle Tie

St. Francis Xavier's Cathedral: Sacristans or call the Parish Office.

St. Mary's: Len Nowak.

Queen of Angels: Bernard Dowd/ Maria Iadanza.

Holy Name: Maria Iadanza/ Fr. Michael McCaffrey (Latin Mass Community).

St. Peter Claver: Deacon Remo Patroni/ Jane Moran.

St. John Vianney: Jean Lucas

Please RSVP by 5th Feb at latest with your respective representatives. We would like to thank you again for your dedication and service to the Parish and wish each you and your families a Holy and Blessed year ahead.